

**Lori Keith, Certified Massage Therapist &
Certified Clinical Aromatherapist
(732) 232-2121**

Education:

Body, Mind and Spirit Learning Alliance-550 hour massage certification program - 2003
Reflexology - November 2003
Orthopedic Massage (Frozen Shoulder and Thoracic Outlet Syndrome) - September 2004
White Light Reiki Level II - December 2004
Kinetic Massage - September 2006
Parkinsonism: Understanding, Approach & Massage - October 2006
Assessment Skills: Identifying the Right Condition - October 2006
Stroke: Understanding, Approach & Massage - May 2007
Cryotherapy: (Ice) - May 2007
Knee Injuries and Assessment – September 2008
Shoulder Injuries and Assessment – September 2008
AIS The Aaron Mattes Method (introduction) – April 2009
Introduction to Thai Massage & Thai Herbal Packs – June 2009
Trigger Point Therapy for Headaches – March 2010
Clinical Massage for Low Back Pain – June 2010
Fully Exposed Ethical Dilemmas – September 2010
Hand and Forearm Pain – September 2010
Cancer and Massage Therapy Research – September 2010
Your Massage Toolbox/Cervical Techniques – September 2010
Integrated Deep Tissue Massage for Arthritic Knee Pain – May 2011

Certifications:

Geriatric Massage - June 2006
Certified Rossiter Systems Coach - November 2006
NJ State Certified Massage, Bodywork and Somatic Therapist - November 2005
Certification #26BT00015400
Certified Clinical Aromatherapist – December 2010 - Certification #196

Associations & Organizations:

Professional Member of the AMTA (American Massage Therapy Association)
since 2005
Recipient of the AMTA NJ Chapter 2007 President's Award
Recipient of the AMTA NJ Chapter 2007 Meritorious Award
Member and founder of the Hand in Hand Massage Network, Toms River, NJ
2005 - 2008

Bio:

I worked in the chiropractic field for over 18 years, including office management and medical billing. After suffering a whiplash injury in 1993, I realized the overwhelming benefits of therapeutic massage and decided to go back to school to pursue a rewarding career in Massage Therapy. Through my entire life, I have had an extreme sensitivity to man-made pharmaceuticals with my allergic reactions being quite severe. Therapeutic grade essential oils have given me the alternative, holistic, all-natural approach to health and wellness. In learning all the many therapeutic benefits of aromatherapy, I decided to pursue Certification in Clinical Aromatherapy. I currently have a private practice located in Ocean Chiropractic, Toms River, NJ, where I offer my clients therapeutic massage and clinical aromatherapy to help with their chronic pain.